

MINUTES

**UTAH
SUBSTANCE ABUSE COUNSELOR
LICENSING BOARD MEETING**

July 11, 2012

**Room 474 – 4th Floor – 9:00 A.M.
Heber M. Wells Building
Salt Lake City, UT 84111**

Rule Hearing: Utah Admin. Code R156-60d, 9:00 A.M. - 9:15 A.M.

CONVENED: 9:17 A.M.

ADJOURNED: 3:05 P.M.

Bureau Manager:

Richard J. Oborn

Board Secretary:

Lee Avery

Board Members Present:

Santiago Cortez, Chairperson
David Felt
Lori Buhler
Georgia Hare
David Felt
Stephen R. Sheppard, Ph.D.

Board Members Absent:

Pete Prazza

DOPL Staff Present:

Connie Call, Compliance Specialist

Guests:

Janet Jensen, Attorney
Holly Cannon, CSAC
Carol Eaquinto
Shawn McMillen, UASAP
Teresa Burton, Argosy University

TOPICS FOR DISCUSSION

DECISIONS AND RECOMMENDATIONS

ADMINISTRATIVE BUSINESS:

Minutes:

The Board reviewed the April 18, 2012 Board meeting minutes. Mr. Felt motioned to accept the minutes, seconded by Ms. Buehler. The motion carried unanimously.

COMPLIANCE REPORT:

Connie Call, Compliance Specialist

#1. Ms. Julie Kopaunik-Berg is in compliance with

her stipulation. Her drug screens have been negative. She missed checking in on April 20, 2012 but has not missed since that time. She submitted her supervisor report and documentation verifying her attendance at support group meetings.

#2. Ms. Bruce is in compliance with her stipulation. She submitted supervisor reports and support group attendance documentation.

#3. Ms. Riggin is in compliance with her stipulation. She submitted her supervision reports and support group attendance. She submitted an explanation of why she missed a drug screen on June 2, 2012.

#4. Ms. Julie Murdock is not in compliance with her stipulation. She contacted the Division stating she intends to surrender her license.

#5. Ms. Catherine Cartisano is in compliance with her stipulation. Ms. Cartisano submitted her support group attendance documentation. She has not missed any drug screens.

#6. Ms. Nish is not in compliance with her stipulation. She was asked by the Board to submit a letter stating she understood what the Board is asking of her. She has not submitted this letter.

#7. Mr. Ramone Christian is in compliance with his probation. He submitted his supervisor report and his 12 step attendance report. His essay and 6 hours of CEs are due March 27, 2013.

#8. Mr. James Gibson is a new probationer. Mr. Gibson missed one test. He submitted proposals and CVs for two different supervisors for Board approval: Ms. Anna Marasco, CSW, with New Roads Treatment Center and Wendy Seeley, LCSW, with

Alpine Centers. He submitted verification of 12 step attendance but he only attended one time in May and two times in June. Mr. Gibson submitted his written plan on how he will manage his probation.

#9. Ms. Gretchen Gibson is a new probationer. She has not missed any tests. She submitted her written plan and group therapy attendance documentation. Ms. Gibson attended two times in May and twice in June 2012. She submitted her self-assessment for May and June 2012. The Division received her supervisor/ employer report for May and June 2012.

APPOINTMENTS:

Ms. Julie Kopaunik-Berg, probation interview

Ms. Berg met with the Board. Mr. Felt conducted the interview. Ms. Berg stated that things are going well and there have been no changes. The Board noted that she is current in submitting verification her attendance at support group meetings. Ms. Berg stated she has attended 12 step support groups in the past; however, she does not feel these types of groups help her. She feels her needs are met by attending alternative groups, family and friends. Ms. Berg stated she has not been able to find a local "Athletes in Recovery" support group. The Board gave Ms. Berg contact information for a local group. Ms. Berg stated that she is a year into her master's program. She has one more year of academics and one year of internship. She has been sober since October 2006. The Board noted that her probation ends January 2013 and she has consistently been in compliance with her stipulation. She needs to submit a letter requesting early termination and a letter from her supervisor supporting early termination of her probation. The Board asked to see Ms. Kopaunik-Berg on October 17, 2012. **Ms. Kopaunik-Berg is in compliance with her stipulation.**

Ms. Paula Bruce, probation interview

Ms. Bruce interview with the Board was held via telephone. Mr. Cortez conducted the interview. Ms. Bruce stated things are going well. The Board noted that her probation is scheduled to end 7/27/2012 and she has consistently been in compliance with her stipulation. **Mr. Felt motioned to release Ms. Bruce from probation, seconded by Dr. Sheppard. The**

motion carried unanimously.

Ms. Lilia January Riggin, probation interview

Ms. Riggin met with the Board. Dr. Sheppard conducted the interview. Ms. Riggin stated a client overdosed and passed away. She entered this field to help others because of her personal life experiences and she is struggling with this. The facility is looking into providing grief counseling for everyone. Ms. Riggin advised the Board that she is working with her sponsor and attends many meetings, including when she was on vacation. She attended a relapse prevention group and turned to her supervisor for help too. The Board advised Ms. Riggin that her paperwork needs to be submitted by the 20th of June. The Board asked to see Ms. Riggin on October 17, 2012. **Ms. Riggin is in compliance with her stipulation.**

Ms. Julie Murdock, probation interview

Ms. Murdock failed to keep her appointment with the Board. She advised Mr. Oborn that she will surrender her license. Mr. Felt motioned to propose a disciplinary surrender with the provision that if she wants to apply for another license, she needs to submit drug screens for 1 year, just prior to her application, seconded by Ms. Hare. The motion carried unanimously. Mr. Oborn stated he will prepare the paperwork for her to sign and if she decides not to sign this order, then he will do an order to show cause.

Ms. Catherine Cartisano, probation interview

Ms. Cartisano met with the Board. Ms. Buhler conducted the interview. Ms. Cartisano stated she will be attending school for her bachelors in social work. The Board advised Ms. Cartisano that she is not in compliance with her stipulation. She has not submitted her 12 step attendance since February. Ms. Cartisano stated that she usually submits these with her supervisor report. She will fax them again. The Board encouraged her to contact Ms. Higgs when she faxes her reports and documentation to make sure Ms. Higgs receives them. The Board noted that her drug screens have been negative. She missed calling in once. Ms. Cartisano stated this was during the time she was moving and gave the Board her current contact information. Ms. Cartisano stated she attends 3 support meetings a week and has 3 sponsors. The Board asked to see Ms. Cartisano on October 17,

2012. Ms. Cartisano is not in compliance with her stipulation because she failed to submit verification of support group attendance.

Ms. Charmele Nish, probation interview

Ms. Nish and her attorney, Ms. Janet Jensen, met with Board. Mr. Cortez conducted the interview. Ms. Nish stated that things are going well. She is still at ISA and is looking for additional employment for more hours. The Board advised Ms. Nish that she is not in compliance with her stipulation. She has not submitted her supervisor reports for May or June. The one for July was received. Her therapy report for June has not been received; however her therapy report for July has been received. The Board advised Ms. Nish that if she continues to be non-compliant with her stipulation, the Board will recommend the Division issue an order to show cause. The Board encouraged her to contact Ms. Higgs to make sure her reports were received. Ms. Nish stated that she attended the June school and is planning to become a member of the association. There is a new peer support specialist group she plans on joining. The Board reminded Ms. Nish that her paperwork needs to be submitted by the 1st day of each month. The Board asked to see Ms. Nish on October 17, 2012. **Ms. Nish is not in compliance with her stipulation due to the fact that she supervisor and therapy reports were missing.**

Mr. James Gibson, new probation

Mr. Gibson met with the Board. Mr. Felt conducted the interview. The Board reviewed the proposed supervisors, Ms. Anna Marasco, LCSW, with New Roads Treatment Center and Ms. Wendy Seeley; LCSW, with Alpine Centers. Mr. Felt motioned to accept both supervisors, seconded by Ms. Buhler. The motion carried unanimously. Mr. Gibson stated he works at Roads Treatment Center, part time. He sees his supervisor 4 to 5 times a week. He does billing insurance, intake, release of liability, consent for treatment and financial obligations. At Alpine he is a co-facilitator for IOP groups with Ms. Seeley. Mr. Gibson stated he does more psycho educational, understanding the different effects of drugs on the brain and post withdrawals, etc. The Board noted he submitted most of his reports. He attended 12 step only once in May and 2 times in June. His stipulation indicates he needs to attend 12 step 2 times a month.

Mr. Gibson stated he receives a lot of support from his family and friends. Some friends are in recovery and they meet daily and discuss recovery. Mr. Gibson stated he will seek individual therapy for stress; however his support group and family have helped him as well. He also goes fishing, mountain biking and attends a gym with friends. Mr. Gibson stated his wife is also in recovery and they attend separate support groups. The Board accepted his probation plan. The Board asked to see Mr. Gibson on October 17, 2012. **Mr. Gibson is in compliance with her stipulation.**

Ms. Gretchen Gibson, new probation

Ms. Gibson met with the Board. Mr. Felt reviewed the Board's role in Ms. Gibson's probation. Ms. Hare conducted the interview. Ms. Gibson stated she has been sober 4 years on July 21. Ms. Gibson reviewed her history with the Board. The Board asked Ms. Gibson to fax a copy of the police report to Ms. Call. Ms. Gibson stated she was at Odyssey House for 8 months and then she completed an IOP at Corner Stone in January 2010. Her relationship with her family is better. The Board approved her written plan. Ms. Gibson stated that currently Spencer Palmer, CSW, is the supervisor; however, he has not been officially approved yet. Eric Schmidt is acting supervisor until then. Mr. Felt motioned to approve Eric Schmidt as Ms. Gibson's supervisor until Mr. Palmer is officially approved as supervisor, seconded by Dr. Sheppard. The motion carried unanimously. The Board asked to see Ms. Gibson on October 17, 2012. **Ms. Gibson is in compliance with her stipulation.**

Mr. Ramone Christian, probation interview

Mr. Christian met with the Board. Mr. Felt conducted the interview. Mr. Christian advised the Board that he is proposing Ms. Leslie Riggs-Arnold for his supervisor. The Board stated that he would need to submit a CV from Ms. Riggs-Arnold for Board approval. Mr. Christian stated that work is going well. They are transferring from an old computer system to a more improved system. His job duties include groups, intakes and taking the clients to groups. Mr. Christian stated his support is from family and attending 12 step groups. He meets with a sponsor weekly, more often as needed. The Board

encouraged Mr. Christian to stay in compliance with his stipulation and the Board would consider letting him do telephone interviews with the Board in the future. The Board advised Mr. Christian that he needs to complete 40 hours of continuing education to renew his license and if the Board determines, he will need to do an additional 6 hours of continuing education and complete an essay. The Board asked to see Mr. Christian on October 17, 2012. **Mr. Christian is in compliance with his stipulation.**

Mr. William Collins, applicant for CSUDC license

Mr. Oborn reviewed documentation submitted by Mr. William Collins. Mr. Collins is applying for CSUDC license. The Division is requesting the Board's input regarding approving his request for a license or denying his request for a license. His criminal history includes public intoxication, public urination, DUI, and possession with intent to distribute a controlled substance. Mr. Collins has been sober since November 17, 2009.

Mr. Collins met with the Board. The Board introduced itself. Mr. Collins was advised that this meeting is open to the public and is recorded. Mr. Collins reviewed his history with the Board as the Board reviewed his resume. Mr. Collins stated that he was in treatment at the Ark of the Little Cottonwood. The program administrator signed him up to take the test. He passed the ICRC exam in 2007. Mr. Williams stated he started working towards his LSAC license. He was educating clients from his personal experience not from the education program. In 2011, he completed his CSAC educational training at UVU, with internships at Steps Recovery and Cirque Lodge. He is currently working full time at Discovery Ranch. This fall he will be attending Univ. of Phoenix to earn a graduate degree in mental health.

The Board expressed concern that he is practicing without a license, noting that on his resume he listed he is doing substance abuse counseling. Mr. Williams stated he was hired to be a mentor to support clients as they go through treatment. He was wrong to put it on his resume that he is a CSAC. Mr. Felt motioned to deny his request for license at this time based on his recent criminal history and representing himself as a CSAC, and for him to resubmit a new application in

October 2012 to include the following:

1. Clarify his role at his employment. If his employer is using him as he describes in his resume, then they are violating the SUDC statutes/rule.
2. Obtain a confirmation letter from his employer to confirm what his duties are.
3. Clean up his resume and make it accurate.
4. Submit letters from places of employment verifying his duties.
5. Attend the 2012 Fall Substance Abuse Conference September 24-28 in St. George. He can register on line and attend the ethics course.

The motion was seconded by Ms. Buhler and carried unanimously.

Teresa Burton, request for review of Argosy program curriculum

Ms. Burton met with the Board. Ms. Burton advised the Board that Argosy University's program curriculum has gone through significant changes. Classes are now five weeks long. The classes include three hours of face to face, then online discussion and homework. The Board reviewed the education component revisions. Ms. Burton noted that the program goes through the APA and ACA code of ethics, then they go through the NAADAC code of ethics. She teaches the ASI because she believes this is a background to help the students know what goes into the psychosocial. They added an extra practicum class for the additional fifty hours. The Board encouraged Ms. Burton to make sure that the students do not obtain their practicum hours at the same facility where they have worked in the past. The Board feels this will get the student a different set of eyes, rules, and program options to look at and it is too easy for one job to blend in with another. The Board noted that the statutes do not address if a student could be paid during the internship.

DISCUSSION ITEMS:

1. Consideration of cases of students in program currently that are requesting to qualify for the CASUDC license

Mr. Oborn advised the Board that the Division is receiving calls regarding students wanting to obtain the CASUDC license. Mr. Oborn explained that the courses will focus on the advanced scope of practice and have not been created yet. UVU and U of U will have these created by fall 2013.

2. Review information regarding acceptable SUDC pre-requisite courses at Utah schools

The Board reviewed a handout regarding advanced SUDC courses at Utah schools. Mr. Oborn noted that these courses are for students who start the program after July 2012. They will need to complete Human Growth and Development, General Psychology and Human Biology courses in addition to a bachelors or associates degree.

3. Consideration of what qualifies as "100 hours of addiction-specific training" completed before July 1, 2012

The 100 hours of addiction specific training could be either time spent in a practicum or a classroom.

4. Identification of preferred acronyms for new licenses

Mr. Oborn advised the Board that the Division is receiving calls regarding the preferred acronyms for the new licenses. Licensees, insurance companies, and agencies are looking for the "L" in front of the ASUDC or SUDC.

The Board noted the statute indicates the following: **58-60-504. License classification.**

The division shall issue substance use disorder counselor licenses to individuals qualified under this part in the classification of:

- (1) licensed advanced substance use disorder counselor;***
- (2) certified advanced substance use disorder counselor;***
- (3) certified advanced substance use disorder counselor intern;***
- (4) licensed substance use disorder counselor;***
- (5) certified substance use disorder counselor; and***
- (6) certified substance use disorder counselor intern.***

The industry should use acronyms that are consistent with what appears in the law. The titles LSUDC LASUDC are acceptable.

5. Consideration of what qualifies as an "associates degree or equivalent degree" under new statute

The Board noted that there are students attending and have recently completed course work at the U of U that would be considered an equivalent degree. The Board reviews what qualifies as an "associates degree or equivalent degree" under the new statute. Mr. Oborn stated that during the next legislation they may need to add "equivalent course work" to the education requirement.

6. Consideration of any additional rule amendments

The Board reviewed the following proposed amendment changes for the Mental Health Professional Practice Act Rule.

1. Add W-2 employee as defined by the IRS of the US Government.
2. Remove R156-60-502 – Unprofessional

Conduct because each mental health profession has its own definition of unprofessional conduct specific to their profession.

Mr. Felt motioned to recommend the changes, seconded by Dr. Sheppard. The motion carried unanimously.

7. Joseph Boberg surrender of license

Taken out of order on the agenda:

Mr. Oborn reviewed the surrender of license stipulation regarding Mr. Joseph Boberg with the Board.

Not on the agenda:

The Board discussed adding the following to the next agenda:

1. Specialty courses used towards the advanced courses. CSUDC cannot do treatment planning on their own. Advanced SCUDC can.
2. Update regarding possible amendment to the Mental Health Professional Practice Act regarding remote therapy and remote supervision. There are a lot of licensees doing remote therapy but the current law does not address it
3. Possible rule amendment to further define 200 hours classroom instruction and 200 hours practicum.

CORRESPONDENCE:

None at this time

Next Board Meeting:

October 17, 2012

2012 Board meetings have been tentatively scheduled

October 17.

ADJOURN:

The meeting adjourned: 3:05 P.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

October 17, 2012
Date Approved

(ss) Santiago Courtez
Chairperson, Utah Substance Abuse Counselors
Licensing Board

October 17, 2012

(ss) Richard J. Oborn

Date Approved

Bureau Manager, Division of Occupational &
Professional Licensing