

MINUTES

**UTAH
MARRIAGE AND FAMILY THERAPIST
LICENSING BOARD MEETING**

March 19, 2009

**Room 464 – 4th Floor – 9:00 A.M.
Heber Wells Building
Salt Lake City, UT 84111**

CONVENED: 9: 12 A.M.

ADJOURNED: 10:28 A.M.

Bureau Manager:

Rich Oborn

Board Secretary:

Lee Avery

Board Members Present:

Richard Nielsen, Ph. D. Chairperson

Scot M. Allgood, Ph. D.

Jean N. Soderquist, Ph. D.

Veon G. Smith, DSW

Members Absent:

Karen Feinauer

Guests:

Denise Paredes

DOPL Staff Present:

Kent Barnes, Compliance Manager

TOPICS FOR DISCUSSION

Swear in a New Board Member

DECISIONS AND RECOMMENDATIONS

Veon G. Smith was sworn in as the new Board member. Mr. Smith reviewed his professional history with the Board.

ADMINISTRATIVE BUSINESS:

MINUTES:

The Board reviewed the minutes from the December 11, 2008 Board meeting. Dr. Allgood motioned to approve the minutes with changes, seconded by Mr. Smith. The motion carried unanimously.

Not on the Agenda:

Dr. Allgood noted that the trend in the study of ethics is to have people take an ethics class and then have them summarize what they learned in an essay. Dr. Allgood commented that completion of CE and one essay does not always reflect a probationers understanding of how to make ethical decisions. This does not show they understand how to make ethical

decisions. Dr. Allgood suggested adding to the stipulations a requirement to have probationers articulate their ethical decision-making process. Mr. Barnes and Mr. Oborn stated this was a good idea and that they would discuss it with other Bureau Managers.

Kent Barnes, Compliance Manager

#1. Linda Helquist is in compliance. Mr. Barnes reviewed Ms. Helquist's probation summary. She has completed the additional continuing education hours and essays as required in her stipulation.

Discussion:

Mr. Oborn advised the Board that Ms. Helquist's stipulation was amended as motioned at the December Board meeting. The Board reviewed Ms. Helquist's supervisor report recommending that Ms. Helquist's supervision be moved to once a month.

APPOINTMENTS:

Linda Helquist, Probation Interview

Ms. Helquist's interview was held over the telephone. Mr. Allgood conducted the interview. The Board thanked Ms. Helquist for consistently being in compliance with her stipulation and getting her reports into the Division on time. Ms. Helquist stated that she completed on-line courses in ethics and borderline personality disorder. She found them to be very helpful. The ethics course helped show her where potential issues were. Ms. Helquist stated that if she had been attending a formal group she would not have made the mistakes that placed her license on probation. Ms. Helquist advised the Board that she began meeting with a group of therapists. They meet informally to discuss areas of concern within their practices. She is still working to establish formal group meetings. Ms. Helquist advised the Board that there are other mental health professionals attending these group meetings, i.e. Licensed Professional Counselor (LPC), Licensed Professional Counselor Intern (LPC Intern), and a Licensed Clinical Social Worker (LCSW). The Board discussed Mr. Larson's recommendation to reduce Ms. Helquist's supervision to once a month. Dr. Soderquist motioned to change Ms. Helquist's supervision to once a month, seconded by Dr. Allgood. The motion carried unanimously. The Board asked to see Ms. Helquist on June 11, 2009. **Ms. Helquist is in compliance with her**

stipulation

Open and Public Meeting Act Training

Mr. Oborn reviewed the Open and Public Meetings Act Training with the Board.

DISCUSSION:

Utah Legislative Session Update

Mr. Oborn advised the Board that the Utah Legislative Session ended last week. There was a creation of a new license for Vocational Rehabilitation Counselor license. Mr. Oborn noted that Utah State University is the only school in the state with this program. This will be a new Board for the Division and Mr. Oborn will be its Bureau Manager.

DOPL presentation at Argosy University

Mr. Oborn briefly reviewed his presentation to Argosy University. Mr. Oborn advised the Board that Argosy University has programs for Marriage and Family Therapists, Psychologists, and Professional Counselors.

APPLICATIONS:

None at this time

CORRESPONDENCE:

None at this time

NEXT MEETING SCHEDULED FOR:

June 11, 2009

Board Meetings for 2009 have been tentatively scheduled:
September 10, 2009
December 10, 2009

ADJOURN:

The Board adjourned at 10:28 A.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

June 11, 2009
Date Approved

(ss) Richard Nelson, Ph.D
Richard Nielsen, Ph.D. Chairperson, Utah Marriage and Family Therapy Licensing Board

April 4, 2009
Date Approved

(ss) Richard Oborn
Richard Oborn, Bureau Manager, Division of Occupational & Professional Licensing